

# Religious Studies Topic of the Month

## March 2024

### How might religion affect sport?

Topic of the month aims to stimulate discussion at Key Stages 4 and 5 and bring religion to life. This can be achieved by considering religion's relevance in our vast modern world. We have selected a current news article, which you may wish to read and integrate into your teaching practice, using the discussion prompts provided.



### Disclaimer:

This topic relates to an article, written for ITV News\* and is entitled "Ramadan: Guidance launched for students in school PE lessons who can't drink or eat while fasting".

### Introduction

This article refers to advice, created by a senior lecturer at Birmingham City University, to support fasting Muslim staff and students.

- [\(Click here to access the article\)](#)
- [\(Click here to access the guidance, produced by Birmingham City University\)](#)

### Discussion prompts

- "Ramadan is the most important month in the calendar for Muslims". To what extent do you agree with this statement?
- How might the observance of religious festivals, impact on the education of young people?
- Why is it important for lessons to be sympathetic to the needs of people from different faith communities?
- To what extent might the advice on fasting, produced for school sporting activities, be of benefit in arenas outside of school sport?
- What are the wider benefits of making sport accessible to all, during Ramadan?

### Links to topics featured in our specifications:

- **GCSE:**
  - Ten Obligatory Acts of Shi'a Islam
  - Sawm as one of the Five Pillars
- **A-Level:**
  - Practices that shape and express religious identity
  - The key events in the life of Muhammad